

Centre for
Psychosocial
Resilience and
Humanitarian Studies

Centre of
First Aid & Resuscitation



SINGAPORE RED CROSS ACADEMY

PROSPECTUS 2026



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A Word from Our Director



Sahari Ani

Dean of the Singapore Red Cross Academy

At the Singapore Red Cross Academy (SRCA), we believe learning is more than acquiring skills, it strengthens people, communities, and our shared humanity. Our programmes are built on a simple conviction: human and social capital are the foundations of resilience.

As humanitarian challenges grow more complex, the need for individuals who can act with competence, compassion, and clarity has never been greater. Through our Centre in First Aid & Resuscitation and the Centre for Psychosocial Resilience and Humanitarian Studies, we equip learners to respond with confidence, care with dignity, and lead with humanity.

Grounded in real-world practice and humanitarian principles, our approach develops both capability and character. Whether you aim to save a life, support someone in distress, or strengthen community resilience, SRCA is committed to walking that journey with you.

Together, we can build a safer, kinder, and more prepared society, where every learner becomes a force for good.

About Singapore Red Cross Academy

Singapore Red Cross Academy is the training arm of the Singapore Red Cross. We provide humanitarian learning to build capacity and strengthen community resilience.

Backed by over five decades of teaching expertise, the Academy is the region's go-to institute for humanitarian studies. We offer specialised first aid and psychosocial support courses, as well as other humanitarian education programmes.





Since 1949, Singapore Red Cross Academy has trained over 20,000 individuals across a wide range of courses and is trusted by 1,500+ organisations for staff training. We empower individuals and communities with the skills to help save lives.



Empowering Lifesavers Since

1949



100K+

Learners Trained With Us



200+

Qualified Trainers

Corporate

Customisation & Contextualisation



Our Approach to Corporate Training

Training needs analysis

We assess your team's specific requirements to design a targeted solution.



Curriculum proposal

A bespoke training plan is crafted to align with your objectives.



Programme implementation

We work closely with you to deliver a training programme that meets your needs and drives impactful results.



Meet your trainer

Engage with our experienced trainers to ensure an optimal learning experience.



Continuous strategic guidance

We assess your training outcomes, offering support to ensure lasting impact and sustained success.



Our Partners



**NANYANG
TECHNOLOGICAL
UNIVERSITY**
SINGAPORE





Centre of First Aid and Resuscitation

First aid knowledge is a valuable skill for individuals and communities to have. Over the years, Singapore Red Cross Academy has championed first aid training and continuously endeavours to equip more individuals with first aid knowledge and skills.

Towards the national goal of having one first aider in every home, the Singapore Red Cross Academy has developed a series of first aid courses catering to all ages and varied needs.



Centre for Psychosocial Resilience and Humanitarian Studies

The Centre for Psychosocial Resilience and Humanitarian Studies equips individuals and organisations with the skills to deliver empathetic, dignified care and respond confidently to crises.

Through psychosocial support and humanitarian education, we strengthen mental well-being, caregiving capabilities, and long-term resilience, from emergencies to recovery and beyond.

Explore our in demand courses

Centre of First Aid & Resuscitation

Basic First Aid



Basic Cardiac Life Support



CPR + AED



Child First Aid



Standard First Aid



Explore our in demand courses

Centre for Psychosocial Resilience and Humanitarian Studies

Psychological First Aid +



Advanced Psychological First Aid



Mental Wellbeing @ Workplace



Resilience Skills for Everyday Life





Centre for Psychosocial Resilience and Humanitarian Studies

Befriender Skills



Fundamentals of Caregiving



Caregiver Training for Dementia



Caregiver Training for Stroke Support



Centre for Psychosocial Resilience and Humanitarian Studies

Caregiver Training for Diabetes Support



Caregiver Training for Asthma & Chronic
Obstructive Pulmonary Disease



Centre Of First Aid And Resuscitation Courses

Skillsfuture Credit Claimable*

Course	Duration	Full Fee	GST	Self-Sponsored Nett Fee Payable	
				Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Basic Cardiac Life Support + AED(BCLS+AED) TGS-2022015359	8 Hours (1 day)	\$150	\$13.50	\$58.50	\$88.50
Basic First Aid + AED (CERT First Aider with CPR+AED) TGS-2022015644	8 Hours (1 day)	\$130	\$11.70	\$50.70	\$50.70
Child First Aid TGS-2020500066	20 Hours (2 days)	\$220	\$19.80	\$85.80	\$129.80
Child First Aid (Refresher) TGS-2022016626	16 Hours (2 days)	\$185	\$16.65	\$72.15	\$109.15
Occupational First Aid Course TGS-2020500028	23.5 Hours (3 days)	\$320	\$28.80	\$124.80	\$188.80
Occupational First Aid Course (Refresher) TGS-2022015317	17.5 Hours (2 days)	\$280	\$25.20	\$109.20	\$165.20
Standard First Aid with AED TGS-2021010208	16 Hours (2 days)	\$185	\$16.65	\$72.15	\$109.15
Standard First Aid with AED (Refresher) TGS-2022015316	12 Hours (1.5 days)	\$160	\$14.40	\$62.40	\$94.40

*Subject to eligibility requirements

Centre Of First Aid and Resuscitation Courses

Course	Duration	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Advanced Outdoor Wilderness First Aid Course (AOWFA)	16 Hours (2 days)	\$350	\$31.50	\$381.50
Basic Cardiac Life Support + AED (Refresher)	4 Hours (0.5 days)	\$120	\$10.80	\$130.80
Basic Child and Infant First Aid Workshop (BCIFA)	7 Hours (1 day)	\$150	\$13.50	\$163.50
Basic Outdoor Wilderness First Aid Course (BOWFA)	4 Hours (0.5 days)	\$75	\$6.75	\$81.75
Caregiver's First Aid for the Elderly (CGFAE)	7 Hours (1 day)	\$100	\$90	\$109
Cats and Dogs Basic First Aid Workshop (CDBFAW)	8 Hours (1 day)	\$200	\$180	\$218
Child and Infant First Aid Awareness Workshop (CIFAAW)	3 Hours (0.5 days)	\$60	\$5.40	\$65.40
CPR (Hands-Only) + AED Provider Course (CPR + AED)	4 Hours (0.5 days)	\$75	\$6.75	\$81.75
CPR + AED Awareness Workshop (CAAW)	2 Hours	\$30	\$2.70	\$32.70
First Aid Awareness Talk (FAAT)	1 - 5 Hours	\$400	\$360	\$436
First Responder on Water Safety (In Person)	4 Hours In Person Learning	\$130	\$11.70	\$141.70
First Responder on Water Safety (Partnership with SUSS)	1 Hours Online Learning	\$2	\$0.18	\$2.18
Junior First Aid Workshop (JFAW)	4 Hours	\$75	\$6.75	\$81.75
Outdoor Wilderness First Aid Course (OWFA)	8 Hours (1 day)	\$200	\$180	\$218
Young First Aid Workshop (YFAW)	2 Hours	\$60	\$5.40	\$65.40

Centre of Psychosocial and Humanitarian Education

SkillsFuture Credit Claimable Courses*

Course	Duration	Full Fee	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Psychological First Aid+ TGS-2025053990	9 Hours	Class room	\$250	\$22.50	\$97.50	\$147.50
Course	Duration	Full Fee	Full Fee	GST	Self-Sponsored Nett Fee Payable (inclu GST)	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
Geriatric Care Excellence : Enhancing Quality of Life in an Ageing Society TGS-2024051013	48 hrs (6 days)	Class room	\$1,690	\$152.10	\$214.63	\$552.63
Inclusive Leadership: Cultivating Workplace Wellness TGS-2024051012	27 Hours (3 days)	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45
Sustainable Crisis Management: Utilising Social Capital for Community Resilience TGS-2024051016	27 Hours (3 days)	Blended Learning	\$1,350	\$121.50	\$171.45	\$441.45

*Subject to eligibility requirements

First Aid and Resuscitation Instructor Courses

Skillsfuture Credit Claimable*

Course	Duration	Training Mode	Full Fee	GST	Self-Sponsored Nett Fee Payable	
					Singapore citizens (aged 40 & above) (70% SSG subsidy, incl. 9% GST)	Singapore citizens (aged 21 - 39) & Permanent Residents (aged 21 & above) (50% SSG subsidy, incl. 9% GST)
BCLS + AED Instructor Course TGS-2019501529	16 hrs (2 days)	Class room	\$350	\$31.50	\$136.50	\$206.50
CPR(HO)+AED Instructor Course TGS-2023021768	8 hrs (1 day)	Class room	\$200	\$18	\$78	\$118
Standard First Aid Instructor Course	24 hrs (3 days)	Class room	\$2,500	\$225	\$975	\$1,475

Non-Funded

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Occupational First Aid Instructor Course	32h (4 days)	Classroom	\$2,500	\$436	\$2,936

*Subject to eligibility requirements

Centre of Psychosocial and Humanitarian Education

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Psychological First Aid					
Advanced Psychological First Aid	14 Hours	Classroom	\$300	\$27	\$327
Advanced Psychosocial Support for WSHOs	14 Hours	Classroom	\$300	\$27	\$327
Group Psychological First Aid	14 hours (2 Days)	Classroom	\$300	\$27	\$327
Psychological First Aid	6.5 Hours	Classroom	\$150	\$13.50	\$163.50
Psychological First Aid with Be A Samaritan	8 Hours	Classroom	\$200	\$18	\$218
Psychosocial Support for WSHOs	6.5 Hours	Classroom	\$150	\$13.50	\$163.50
Mental Wellbeing					
Befriender Skills	4 Hours	Classroom	\$120	\$10.80	\$130.80
Mental Health Literacy (Adults)	8 Hours	Classroom	\$200	\$18	\$218
Mental Well-being @ Workplace	4 Hours	Classroom	\$120	\$10.80	\$130.80
Resilience Skills for Everyday Life	4 Hours	Classroom	\$120	\$10.80	\$130.80

Course	Duration	Training Mode	Full Fee	GST	Nett Fee Payable (incl. 9% GST)
Caregiving					
Caregiver Training for Asthma & Chronic Obstructive Pulmonary Disease (COPD)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Caregiver Training for Dementia	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Caregiver Training for Diabetes	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Fundamentals of Caregiving	16 hrs (2 days)	Classroom	\$300	\$27	\$327
Health Ethics and Professionalism for Nurses (This course is eligible for SNB CPE points)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience					
Heat Resilience for Elderly	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Home	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Outdoor Worker	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Heat Resilience for Youth	4 Hours (0.5 days)	Classroom	\$300	\$27	\$327
Health Ethics & Professionalism for Nurses (SNB CPE eligible)	4 Hours (0.5 days)	Classroom	\$150	\$13.50	\$163.50
Humanitarian Education					
DeploySafe: Humanitarian Risk & Security Training	6.5 hrs (1 days)	Classroom	\$180	\$16.20	\$196.20

Singapore Red Cross Academy Locations

 6664 0500


 academy@redcross.sg

Singapore Red Cross Academy @ Red Cross House

 15 Penang Lane, Level 3
Singapore 238486


 Dhoby Ghaut MRT (Exit B)

Singapore Red Cross Academy @ Atrium

 International Involvement Hub
(I2Hub) 60A Orchard Road,
Level 4M Tower 1#04-02 (near
Plaza Singapura, Dhoby Ghaut MRT,
Exit F) Singapore 238890


 Dhoby Ghaut MRT

Singapore Red Cross Academy @ OTH

 1 Tampines Walk
#02-06
Singapore 528523

 Tampines MRT (Exit F)

Singapore Red Cross Academy @ SDG


 Ubi Rd 4
Level 3 26
Singapore 408613


 Ubi MRT






Singapore Red Cross Academy @ Woods Square Tower 1

 12 Woodlands Square, Tower 1
#14-62/63/64/65 Woods Square
Singapore 737715


 Woodlands MRT


Singapore Red Cross Academy @ Tanjong Pagar

 120 Maxwell Rd
B1-41/42/43/44/45 MRT Station, 17A
Singapore 069119

 Tanjong Pagar MRT

Singapore Red Cross Academy @ YWCA

 6 Fort Canning Rd
#02-08
Singapore 179494

 Dhoby Ghaut MRT (Exit B)



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