





LEARN A SKILL, SAVE A LIFE

Singapore Red Cross Academy (SRCA) has evolved over the last few years to become an Institute for Humanitarian Studies, offering training across four centres: First Aid & Life Support, Mental Health & Psychosocial Support, Humanitarian Education and Youth Development.

SRCA has a wealth of experience with 70 years of first aid training with quality assurance.

As a social enterprise, all proceeds from SRCA are channelled to uplift the lives of the vulnerable and enhance resilience in our local community. By engaging our training services, your social procurement will be directed to support initiatives that benefit the elderly, the disabled, children and families struggling economically.

WHY US?

70 years of first aid training experience



700,000 people trained by our Academy



360,000 people benefited from our first aid talks

3 Training Pillars









First Aid & Life Support

- CPR + AED Awareness Workshop (CAAW)
- Occupational First Aid /Refresher
- Standard First Aid
 /Refresher
- ♣ Basic First Aid + AED

Mental Health & Psychosocial Support

- Psychological First Aid (PFA)
- Advanced Psychological First Aid
- Community-Based Psycho Social Support
- Self Care

Humanitarian Education

- Disaster Management
- 🖶 Crisis and Business Continuity
- Leadership & People Management
- 🖶 Employability Training

For the full list of courses, please visit redcross.sg/learn



Which course is suitable for your needs?

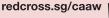
For groups and individuals (aged 7 & above) interested in learning to perform CPR with the use of an AED

CPR+AED Awareness Workshop (CAAW)* - Complimentary

What you will learn:

- Perform hands-only CPR effectively on unconscious adult casualties
- Use an AED (Automated External Defibrillator)

*Complimentary for Singaporeans and PRs







For companies that need to meet the WSH Act requirements and individuals keen to be certified competent in their first aid skills and knowledge, compliant to the Ministry of Manpower guidelines

Approved by the Ministry of Manpower (MOM). Awarded ISO 29993: 2017 by SOCOTEC as an accredited Learning Service Provider. Guided by: MOM Technical Notes, Curriculum Development Authority (CDA) and Singapore Resuscitation and First Aid Council (SRFAC). 23 / 17 CPD Points awarded to WSH Officers & Trainers.

Occupational First Aid (OFAC)

Become competent in:

- Managing victims of hazardous chemicals exposure
- Managing a medical emergency at the workplace
- Identifying common workplace accidents requiring first aid treatment



For CERT (Company Emergency Response Teams), NROC registered coaches, organisations, schools, families and volunteers

Accredited by the Singapore Resuscitation and First Aid Council (SRFAC). Approved by the National Registry of Coaches (NROC)

Standard First Aid (SFA)

What to expect?

- Identify common accidents requiring first aid treatment
- Apply first aid to accident casualties
- Apply hands only CPR+AED on unconscious adult casualties
- Manage a medical emergency in the community





For those who may be required to manage crisis situations, or anyone interested in learning to connect with others in a non-intrusive and compassionate manner

Endorsed by the Danish Red Cross with support from the International Federation of Red Cross and Red Crescent Societies (IFRC) Reference Centre for Psychosocial Support

Psychological First Aid (PFA)

Key takeaways:

- Identify different types of crises
- Determine the signs of stress
- Gain basic competencies in establishing human connection in a non-intrusive and compassionate manner

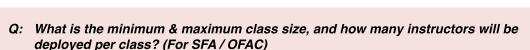






redcross.sg/ofac





A: Practical session: 1 instructor & 1 manikin + AED to 4 learners

Lecture: 1 instructor to 8-16 learners

However, there might be changes depending on the Covid-19 situation. Please reach out to us to find out more.

Q: Is there any funding from Skills Future?

A: Yes, funding for OFAC is available at 50%-90% off for first time Singaporean & PR users.

Q: How long will the certificate last, and can we mix a refresher and non refresher class??

A: 2 years of validity and unfortunately no, we can't mix classes as the content and duration is different.

Q: Can classes be conducted in my office?

A: Yes and a one-time equipment transport fee of \$120 will be charged. For OFAC classes, special approval is needed from the MOM appointed ISO Certification Body - SOCOTEC. We would need your floor plan, classroom photos & training address to facilitate the approval process.

Q: Any training aid requirements?

A: A laptop / PC (with Windows media player), LCD projector, sound system with classroom style set-up and ample open space for practical CPR & bandaging.





Singapore Red Cross is a homegrown humanitarian organisation, dedicated to relieving human suffering, protecting lives and dignity, and responding to emergencies since 1949. We serve the vulnerable through the home and day activity centre for the disabled, transport aid, elder aid, and family life aid. We build capacity and resilience through our blood donor recruitment programme, our training academy, community first aid and volunteer and youth development. Beyond our shores, we mobilise and translate contributions from the donor community to relief and recovery, rehabilitation and reconstruction efforts, with the aim of helping communities affected by disasters.

West Tower

1 Gateway Dr, #10-06 Singapore 608531 (Jurong East MRT Station Exit A)

Central

Red Cross House

15 Penang Ln, Singapore 238486

Singapore Red Cross Academy The Atrium @ Orchard

60A Orchard Rd, Tower 1 International Involvement Hub (I2 Hub) #04-02 (Lvl 4M) Singapore 238890 (Dhoby Ghaut MRT Station Exit F)

East

Red Cross Campsite

62 Jln Khairuddin Singapore 457524