

OCCUPATIONAL FIRST AID

FULL / REFRESHER COURSE OUTLINE



LEARNING OBJECTIVES

At the end of the course, learners should be able to:

- Explain the duties and responsibilities of a first aider
- List the legal requirements under the Workplace Safety & Health Act and Workplace Safety and Health (First Aid) Regulations (Cap. 354A, Rg 4) for a workplace
- Check and pack contents of a first aid box
- Administer first aid to accident victims in the workplace
- Manage victims of hazardous chemicals exposure
- Manage a medical emergency at the workplace
- Identify common workplace injuries requiring first aid treatment



ACCREDITATION

- Certified ISO29993:2017 by SOCOTEC Certification Singapore (SCS)
- Accredited by Singapore Accreditation Council (SAC)
- Recognised by the Ministry of Manpower, Singapore
- Recognised by the SCDF-FSM Points Awarded



CERTIFICATION (2 YEARS)

A credit card-sized certificate with 2 years validity will be issued upon successful completion of the course



LANGUAGE

English



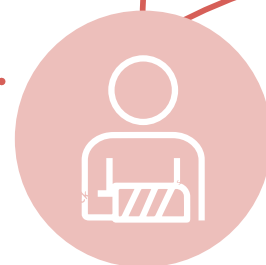
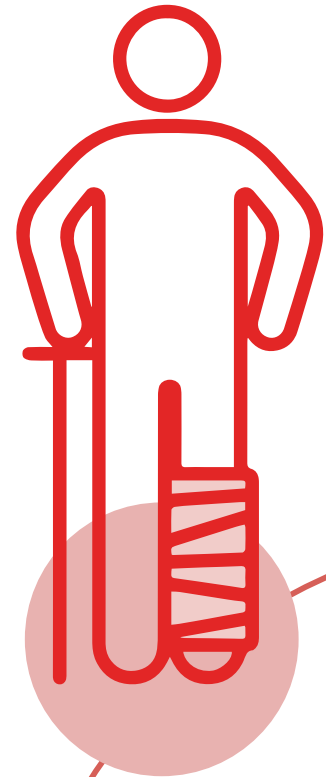
DURATION

23.5 hours / 17.5 hours



COURSE FEE

\$320.00 / \$280.00 (before GST)





COURSE MODULES

- Module 1: Principles and practices of first aid
- Module 2: Management of medical emergencies
- Module 3: Wounds, bleeding and shock
- Module 4: Fractures and soft tissue injuries
- Module 5: Handling and transportation of the injured
- Module 6: Eye and other injuries
- Module 7: Burn injuries
- Module 8: Breathing difficulties
- Module 9: The unconscious casualty
- Module 10: First aid requirements in factories and other workplaces
- Module 11: Industrial toxicology
- Module 12: Safety and accident prevention
- Module 13: CPR & use of AED



METHODOLOGY

- Lecture
- Skills practice
- Small group practice



THINGS TO KNOW



PREREQUISITE

- Physically fit and able to render help to another individual during an emergency
- Medically fit with no pre-existing medical conditions such as knee, spinal or joints injury. Learners with medical problems, such as bronchial asthma, any upper respiratory tract infection, orthopedic problems (e.g. slipped disc) are encouraged to consult their doctors before attending the course. In case of doubt, please consult your doctor, and produce a memo indicating that you are fit for training.



ASSESSMENT

- Learners would need to fulfil 100% course attendance in order to be eligible for assessments
- Written assessment
- Practical assessment
- Oral assessment



FUNDING

- Eligible for SSG Funding and Skills Future Credit



HOW TO REGISTER

- [Register here](#) for OFA | [Register here](#) for Refresher
- Contact us at academy@redcross.sg
- redcross.sg/learnfirstaid

