



SINGAPORE RED CROSS ACADEMY COURSE INFORMATION



Course Title	Junior First Aid Workshop
Course Description	For children aged 8-11 years old to learn useful first aid skills.
Course Objective	By the end of the course, learners will have the relevant knowledge and application skills to apply during an emergency or accident: <ol style="list-style-type: none">1. Check and pack contents of First Aid Kit.2. Perform First Aid treatment for common injury at home or at school.
Course Module Description	Chapter 1: First Aid Basics Chapter 2: First Aid Skills & Knowledge Chapter 3: Stay Prepared
Class Size	Small Group Practical - 1 Facilitator : 8 Learners (up to 2 Facilitators per class) Minimum 8 pax, Maximum up to 16 pax
Language Medium	JFAW is available in English
Course Duration	Face-to-face classroom training: 4 hours
Attire	Casual (T-shirt, Pants and Covered Shoes)
Course Fees	SGD \$75.00 per participant (exclusive of GST)
Certification	C1. This workshop is certified by the Singapore Red Cross Academy (SRCA). C2. A credit card-sized certificate will be issued upon successful completion: + Junior First Aid Ranger



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Workshop Outline			
Module	Content	Methodology	Duration
1	First Aid Basics <ul style="list-style-type: none"> + What is First Aid + First Aid Kit Contents + Important Telephone Numbers + Safety at Home 	<ul style="list-style-type: none"> • Presentation • Mix and Match • Listing • Spotting dangers 	60 mins
2	First Aid Skills & Knowledge <ul style="list-style-type: none"> + Fire and Burns + Choking + Poisoning + Nosebleed + Asthma + Falls and Wounds 	<ul style="list-style-type: none"> • Show and Tell • Demonstration and Practice • Role-Play 	90 mins
3	Stay Prepared <ul style="list-style-type: none"> + CPR / AED Awareness Training (CAAW) 	<ul style="list-style-type: none"> • Demonstration and Practice • Role-Play 	90 mins
Total hours			4 hours