

# Psychological First Aid (PFA) in Groups

## What you will learn

Gain practical skills to provide emotional support in group settings after crises. Learn through role plays and scenarios to facilitate safe, inclusive sessions that build resilience and empathy.



### Understand Group PFA

Explain the purpose, scope, and appropriate use of Psychological First Aid in group settings.



### Assess Group Needs

Identify psychosocial needs, risks, and protective factors affecting groups after a crisis.



### Facilitate Group Support

Apply the Look-Listen-Link framework to plan and lead supportive group PFA sessions.



### Course Duration:

14 Hours (2 days)

### Mode of training:

Classroom

### Full Fees (Include of 9% GST)

\$218

## Why learn with us:



Proven Expertise



Dynamic Content



Impactful Training

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## Learning Objectives

- Explain the purpose, scope, and appropriate use of Psychological First Aid in group settings
- Identify and assess the psychosocial needs, risks, and protective factors affecting groups after a distressing event
- Apply the Look, Listen, Link principles to plan, structure, and facilitate a safe, inclusive group PFA session

## Learning Modules

### Module 1 Introductions to PFA in Groups

Explain the purpose, scope, and appropriate use of Psychological First Aid in group settings

### Module 2 Understanding Psychosocial Well-being in Groups

Identify and assess the psychosocial needs, risks, and protective factors affecting groups after a distressing event

### Module 3 Core Principles and Structure of a Group PFA Session

Apply the Look, Listen, Link principles to plan, structure, and facilitate a safe, inclusive group PFA session

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