



SINGAPORE RED CROSS ACADEMY COURSE INFORMATION



Course Title	Child and Infant First Aid Awareness Workshop (CIFAAW)
Course Description	For Parents, Domestic helpers, Nannies, Babysitters, Volunteers and Individuals who wants to be aware and train in basic Child and Infant resuscitation skills.
Course Objective	By the end of the course, learners will have the relevant knowledge and application skills to apply during an emergency or accident: <ul style="list-style-type: none"> 1. Perform Foreign Body Airway Obstruction (Conscious and Unconscious) effectively on Child and Infant casualties. 2. Perform Cardiopulmonary Resuscitation (CPR) effectively on Child and Infant unconscious casualties.
Course Module Description	Module 1: Child and Infant Resuscitation Skills
Ratio	Mirrored Demonstrations with Hands-on Practice in Pairs. 1 Facilitator: 10 Learners (up to 2 Facilitators per class)
Class Size	Minimum 8 pax, Maximum up to 16 pax per session
Language Medium	CIFAAW workshop is available in English & Mandarin.
Attire	Casual (T-shirt, Jeans and Covered Shoes)
Prerequisites	<p>P1. We highly recommend individuals to have attained at least primary six educations.</p> <p>P2. Must be physically fit and able to render help to another individual during an emergency.</p> <p>P3. Medically fit with no pre-existing medical conditions such as knee, spinal or joints injury. Learners with medical problems, such as bronchial asthma, any upper respiratory tract infection, orthopaedic problems (e.g. slipped disc), are encouraged to consult their own doctors before attending the course. In case of doubt, please consult your doctor first and produce a Letter/Memo to indicate if fit for training.</p> <p>P4. Pregnant ladies are discouraged from undertaking the CPR practice due to safety reasons. In case of doubt, please consult your doctor first and produce a Letter/Memo to indicate if fit for training. You are advised to defer taking the course to at least 6 weeks after delivery.</p>



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Course Duration	3 hours of face-to-face classroom-based training. <ul style="list-style-type: none"> Total: 3 hours
Course Fees	SGD \$60.00 per participant (exclusive of GST)
Certification	<ul style="list-style-type: none"> There is no certification for this Child and Infant First Aid Awareness Workshop. Certificate of Participation is chargeable at \$2.00 per printed certificate. Available for self-collection by client 2 weeks after training. Registered Mail at \$5.00. SRCA not liable for lost or damaged mail.
Other Notes	Please provide us with access to the venue with at least 30 minutes setup time prior to the 3 hours workshop training and at least 30 minutes teardown time after training.

Child and Infant First Aid Awareness Workshop Outline			
Module	Content	Methodology	Duration
Child and Infant Resuscitation Skills	<ul style="list-style-type: none"> Introduction of Child and Infant Resuscitation Skills 	<ul style="list-style-type: none"> Lecture 	30 minutes
	<ul style="list-style-type: none"> Demonstration of Child and Infant Resuscitation Skills 	<ul style="list-style-type: none"> Demonstration 	15 minutes
	<ul style="list-style-type: none"> Child & Infant CPR Child & Infant Foreign Body Airway Obstruction 	<ul style="list-style-type: none"> Drill and Practice 	120 minutes
	<ul style="list-style-type: none"> Questions & Answers Debrief 	<ul style="list-style-type: none"> Discussion 	15 minutes
Total hours			3 hours