

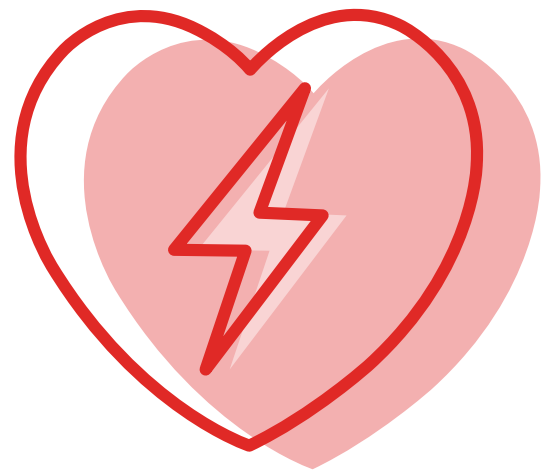
CPR + AED AWARENESS WORKSHOP (CAAW) WORKSHOP OUTLINE



LEARNING OBJECTIVES

At the end of the workshop, learners should be able to:

- Explain the duties and responsibilities of a CPR + AED provider
- Perform cardiopulmonary resuscitation (CPR) effectively on adult unconscious casualties
- Use an automated external defibrillator (AED) effectively on adult unconscious casualties
- Manage a medical emergency



ACCREDITATION

Accredited by the Singapore Red Cross Academy



WORKSHOP FEE

- Complimentary for Singaporeans and Singapore PR, \$30 for foreigners (Before GST)
- Each participant will receive a complimentary CPR face-shield key chain



DURATION

2 hours



LANGUAGE

English





WORKSHOP MODULES

- Introduction of CPR + AED awareness
- Supervised practice of adult 1-man CPR + AED (hands-only compression)
- Question and Answer



METHODOLOGY

- Lecture
- Mirrored demonstration
- Drill and practice
- Discussion



THINGS TO KNOW

- Good for everyone above 6 years old
- This program is supported by Temasek Foundation



HOW TO REGISTER

- [Register here](#)
- Contact us at academy@redcross.sg
- redcross.sg/learnfirstaid

