

redcross+

MCI (P) 018/03/2015 | ISSUE FOUR 2015

A newsletter by the Singapore Red Cross



**Nurturing
young lifesavers**

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Cover photo credit:
Top photo by **3M Nexcare™** and
bottom one by **Chia Pak Yuen**

Addendum
In the previous issue, the photo byline for the story, Caring on wheels on Page 18 was incorrect. It should be Mr Chia Pak Yuen. We apologise for the error.



Download the 'First Aid by Singapore Red Cross', featuring simple and easy advice on 20 everyday scenarios. The app is available on both iOS and Android platforms. Share the app with your friends and family! Together, we can help save lives!

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Sec Gen's note



We held our annual flag day under challenging circumstances (pages 8 & 9), but still managed to raise about S\$272,800 through street collections, outright donations and pledge cards. I thank all donors and volunteers who supported us despite the haze, their upcoming exams, and full day deployment on election day - the day before flag day. My heartfelt appreciation to you, on behalf of all our beneficiaries.

We also held our inaugural Humanitarian Week; including the SRC Humanitarian Lecture focused on disability and social inclusivity, an exhibition on the Red Cross Movement, and the first Youth Humanitarian Leadership Camp (pages 10 & 11).

We remained engaged in disaster response in Myanmar and Nepal. Besides mobilising relief supplies and deploying a medical mission to support those affected by floods in Myanmar (page 27), we also launched our support for the rebuilding efforts in Nepal, committing to rebuild 70 community facilities in Nepal, with several NGO partners from Singapore and Myanmar (page 28).

We have more exciting events coming up in December: Charity Golf on 1 Dec, International Volunteer Day on 19 Dec, Red Cross Youth Challenge on 12-16 Dec, Operasi Bahkti (Batam) from 20 to 24 Dec and a Overseas Humanitarian Programme to Bandung Aceh from 21 Dec to 2 Jan 2016. Check our Facebook for details!

While we remained focused on the work we have to continue to do in 2015, we are looking ahead to 2016. We have in place the organisation and the services. Now, we have to bring the Society to a higher level of excellence - grow the scope and effectiveness of our humanitarian services, enhance our outreach to the vulnerable, strengthen community resilience, and fortify our disaster response capability. To do this, we will cultivate strategic partnerships and develop our people and youth to do more, do better. Join us, and join us in this exciting journey of humanitarian service.

As we draw to the close of 2015, I also wish you a wondrous festive season, filled with joy, peace and love. See page 23 for some ideas to make this festive season an extra special one for you and your loved ones, and at the same time, bless the vulnerable whom we serve.

Best wishes to all of you.

BENJAMIN WILLIAM
Secretary General & CEO

We have now completed three quarters of 2015 and we are planning for 2016.

As I write this note, we have just presented awards to 31 esteemed volunteers and partners at the annual Awards ceremony. Each volunteer and partner has provided precious time, resources and expertise to help us deliver our community services; and consolidated our position as the leading humanitarian organisation in Singapore, and a responsible and accountable charity. We thank them for joining us on this lifesaving journey (pages 16 & 17).

There has been a hive of activity over the last few months. On World First Aid Day, we partnered 3M Nexcare™ to launch a first aid outreach to school-going children. We are proud to present 'Bandage Brothers,' an interactive skit which imparts useful first aid tips through humour, to the youth in our schools, starting with our Red Cross Youth units (details in pages 12 & 13).

HIGHLIGHTS IN THIS ISSUE

Singapore Red Cross Flag Day **8** • Inaugural Humanitarian Week **10**
World First Aid Day **12** • Singapore Red Cross Awards **16**

Footprints in the community

We organised a series of roadshows in the community to engage more onboard our humanitarian efforts. If you want us at your school or workplace, email us at enquiry@redcross.sg!



1,500 students from Bukit Panjang Primary School gleaned first aid tips at a roadshow on 10 July.



Red Cross Youth-Crescent Girls' School advocated the learning of first aid at the National Day Observance Ceremony in Clementi on 11 August.

Celebrating Hari Raya



The Arrijal Youth Group from Al-Istiqamah Mosque organised a singalong, karaoke and percussion performance as part of the Hari Raya celebrations for the families and residents of the Red Cross Home for the Disabled on 15 August.

It was the group's first time organising such an event for persons with disabilities. They felt it was meaningful to give back to the community in a way that they have never done before.

Visit by National Council of Social Service



Singapore Red Cross (SRC) Secretary General / CEO, Mr Benjamin William highlighted SRC's achievements and future plans during the visit by Mr Sim Gim Guan, the Chief Executive Officer of National Council of Social Service (NCSS) and his team at Red Cross House. The team also visited the Red Cross Home for the Disabled on 10 September.

Health Interventions in Humanitarian Situations



In collaboration with the International Committee of Red Cross (ICRC), Singapore Red Cross (SRC) hosted 100 people at the Conference on Health Interventions in Humanitarian Situations at Copthorne King's Hotel Singapore on 10 October to equip them with crisis and disaster management skills. From 12 October to 16 October, SRC hosted 20 guests from around the region at Red Cross House to exchange ideas and best practices in emergency medical deployments. This enhances the efficiency and effectiveness of our response efforts.

Sharing stories, garnering support



In collaboration with the Health Sciences Authority, the Singapore Red Cross advocated the importance of blood donation at the Public Service Festival at Suntec Singapore Convention Hall from 15 to 17 October, demonstrating how the community can play a part to keep Singapore resilient.



Equipped to cope with the haze

In view of the persistent haze, Singapore Red Cross distributed N95 masks to beneficiaries of its Community FirstAid, FoodAid, TransportAid and Community-Led Action for RESilience (C.L.A.R.E) programme from 28 September to 10 October.

Besides reaching out to its beneficiaries, Singapore Red Cross also provided masks to members of the public at its headquarters at Red Cross House on 29 September 2015.

Trained to serve

We trained and certified 11 volunteers from our Community-Led Action for RESilience (C.L.A.R.E) programme in Standard First Aid and AED on 4, 11 and 18 October.



Celebrating the 50th Anniversary of the Fundamental Principles

2015 marks the 50th anniversary of the adoption of the Fundamental Principles of the Red Cross Red Crescent Movement.

The seven Fundamental Principles provide operational and aspirational guidance to the work and decisions of the International Federation of Red Cross and Red Crescent Societies, the International Committee of the Red Cross and the Red Crescent National Societies. Proclaimed in Vienna in 1965, the Fundamental Principles embody the Movement's common identity and purpose and are embraced by Red Cross and Red Crescent workers in all situations and at all times. They ensure the continuity of the Red Cross Red Crescent Movement and its humanitarian work.

As we celebrate the 50th anniversary milestone, we renew our commitment to serve the vulnerable and enhance our community resilience whilst learning from each other's experiences and reasserting the contemporary relevance of the Fundamental Principles.

Humanity

The International Red Cross and Red Crescent Movement, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavours, in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for the human being. It promotes mutual understanding, friendship, cooperation and lasting peace amongst all people.

Impartiality

It makes no discrimination as to the nationality, race, religious beliefs, class or political opinions. It endeavours to relieve the suffering of individuals, being guided solely by their needs, and to give priority to the most urgent cases of distress.

Neutrality

In order to continue to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.

Independence

The Movement is independent. The National Societies, while auxiliaries in the humanitarian services of their governments and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times to act in accordance with the principles of the Movement.

Voluntary service

It is a voluntary relief movement not prompted in any manner by desire for gain.

Unity

There can be only one Red Cross or one Red Crescent Society in any one country. It must be open to all. It must carry on its humanitarian work throughout its territory.

Universality

The International Red Cross and Red Crescent Movement, in which all Societies have equal status and share equal responsibilities and duties in helping each other, is worldwide.



Red Cross Youth NUS Chapter's 20th Anniversary

By Lim Chun Hui, 20th President of RCY - NUS Chapter
Photos by NUS Photography Club

Red Cross Youth - NUS Chapter (RCY - NUS Chapter) celebrated its 20th anniversary at Red Cross House on 5 September 2015, with a night of nostalgia and fun as alumni members including those from the pioneer committee, reunited for the milestone.

Over the past twenty years, the RCY - NUS Chapter has expanded. Now, it organises nine unique projects that cater to various beneficiaries, ranging from the elderly to the disabled and the poor.

The celebratory event was graced by the Guest-of-Honour, Mr Benjamin William, Secretary General/CEO of the Singapore Red Cross. In his speech, Mr William lauded the Chapter for its achievements and underscored his expectations for the future.

Adding to the fun were brain teasers that served to rekindle special bonds amongst the members of past committees. Each committee had to work together to find the right answers in the shortest possible time and announce them to the emcees of the evening, who evoked laughter with their occasional puns and self-deprecating humour.

Nothing would have made the 20th anniversary more meaningful than the heartwarming speeches by three prominent past presidents of the RCY - NUS Chapter, who detailed their past experiences helming the club. Mr Yong Chiang Soon, Mr Kang Hao, and Mr Zhuang Yu Hang, respectively the presidents for the 3rd, 5th, and 12th

committees, each shared some of their most memorable moments as part of the chapter. Chiang Soon even shared a vast collection of old photographs of his committee.

Reminiscing about the good old times, everyone walked down memory lane in wistful nostalgia as they recollected their own special moments as a part of the RCY - NUS Chapter.

As the celebratory tributes came to an end, a massive chocolate cake adorned magnificently with brown dollops of cream was brought forward, eliciting a gasp of awe from the audience. The cake perfectly symbolised the 20 year milestone the RCY - NUS Chapter had reached.

With the help of the staff advisors, Dr Patrick Tan Tong Nam and Mr Anthony Li Lianjie, who have been with the chapter through-and-through, nurturing and helping it to grow to what it is today, the cake was cut as all the alumni members in the audience belted out 'Happy Birthday'.

With that, our anniversary celebration concluded. As everyone parted ways, we made a promise to be back for the chapter's 30th and even 40th anniversary celebrations, confident in the shared belief that the chapter will rally together and forge towards a great future, with the lifesaving mission of serving the local and international vulnerable, whilst staying true to the fundamental principles that the Red Cross Movement embodies.





Revving up support for Flag Day 2015

Photos by Agnes Hlaing Hlaing Aye, Vanessa Ang, Rhea Barrios, Chiau Pei Ling, Steven Choo, Jason Ho Kee Teck, Robert Luk, Diana Ramirez, Asyraf Faiz Bin Shariffudin and Vo Tai Thanh

Some 2,000 volunteer tin-bearers including individuals, students and organisations, hit the streets on 12 September for the Singapore Red Cross' (SRC) annual Flag Day.

More than \$272,800 was raised for SRC's local humanitarian services; FoodAid, TransportAid, Red Cross Home for the Disabled and Community Led Action for REsilience (C.L.A.R.E) services through street collections, pledge card, outright donations, external and internal donations. Of this, approximately \$85,000 was raised through street collections.

This year, a group of Harley Davidson bikers from the motorcycle club, Warpigs joined the SRC Flag Day by visiting various parks on 12 September to mobilise donations and generate awareness for SRC's local work. They were at Choa Chu Kang Park, Holland Village Park, MacRitchie Park, Bishan-Ang Mo Kio Park, Pasir Ris Park and East Coast Park to generate support for our cause.



Our tin bearers included people from all walks of life, young and young-at-heart!

Thank you to all donors, supporters and volunteers for your unstinting and generous support at the SRC Flag Day 2015!



Donors gave generously to our local humanitarian services.



Behind the scenes: a picture of teamwork as tins were accounted for and transported, monies were carefully sorted, counted and banked in



Presenting the inaugural Humanitarian Week

Photos by Carlo Heathcote, Wong Leong Jeam and Elijah Xu

Singapore Red Cross (SRC) and the International Committee of the Red Cross (ICRC) co-presented a series of public events at the National Library from 1 to 14 September 2015 to enhance the understanding of local and international humanitarian issues, trends and challenges. A humanitarian lecture, public exhibition and a Youth Humanitarian Leadership Camp were held as part of the Humanitarian Week.

Humanitarian Lecture: *Paradoxes & Paradigms - Disability and Humanitarian Assistance*

The benefit of physical rehabilitation in restoring functional ability and enhancing quality of life to those with physical impairments is well accepted. Over the last 25 years, there have been calls for a paradigm shift to view disability as an aspect of diversity.

Held at The Pod, National Library on 4 September, the lecture by Mr Didier Cooreman (pictured above), Head of Physical Rehabilitation (Cambodia), ICRC explored the multidimensional approach to people with disabilities, rehabilitation and social inclusiveness in a humanitarian setting.

To integrate persons with disabilities into society, ICRC provides physical rehabilitation assistance through its Physical Rehabilitation Programme (PRP) and through the ICRC Special Fund for the Disabled (SFD).

“Physical rehabilitation is an important part of the integrated rehabilitation process as it restores the functional ability to gain mobility and enhances the quality of life of those with physical impairments,”

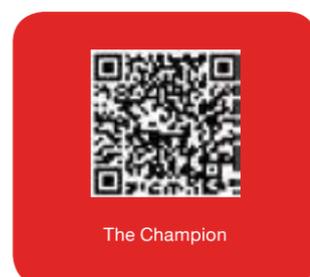
Mr Didier Cooreman, Head of Physical Rehabilitation (Cambodia), International Committee of the Red Cross (ICRC)

“Physical rehabilitation also enables the person to reintegrate into their families and communities and enable them to work and gain education. Physical rehabilitation includes the provision of mobility devices such as prostheses, orthoses, walking aids and wheelchairs along with appropriate therapy,” explained Mr Cooreman.

Based on the World Report on Disability, 15 percent of the world population is estimated to live with some form of disability. Of these, 80 percent live in low-income countries. Yet, only five percent of the people in need of services receive them. The barriers include inadequate policies and standards, negative attitudes, lack of services and accessibility, problems with service delivery and inadequate funding.

To overcome the barriers, it is essential to enhance access to services, improve the quality of the services, ensure its sustainability and promote full participation and inclusion in society. “This can be achieved by adopting a long-term commitment approach, working closely with national authorities and service providers, supporting and assisting the “structure” and the persons in need of these services, developing and strengthening national capacities and working closely with organisations serving people with disabilities,” explained Mr Cooreman.

Scan these QR codes to access videos shared at the lecture.



Together for Humanity - The Red Cross Story

Co-presented by the Singapore Red Cross (SRC) and the International Committee of the Red Cross (ICRC) in commemoration of the 65th and 150th anniversaries respectively, the exhibition “Together for Humanity - The Red Cross Story” was held from 1 to 14 September at The Promenade (Level 9) of the National Library.

The exhibition showcased a journey through time, demonstrating the evolution of humanitarian aid and relief efforts locally and globally - amid conflict and suffering. On the global level, the exhibition also depicted the aid ICRC brought to the people affected by armed conflict as well as disasters in conflict zones.

Youth Humanitarian Leadership Camp

Some 47 Red Cross Youth Cadets attended the inaugural camp from 10-11 September 2015 where they gained practical first aid skills such as bandaging of wounds and immobilisation of fractures and preparing casualties for transportation.

As part of the camp, the Humanitarian Education Programme (HEP), designed by International Committee of the Red Cross (ICRC) exposed students to International Humanitarian Law (IHL) by exploring ethical and humanitarian issues arising from armed conflict. HEP aims to foster in learners an awareness of the necessity of humanitarian norms, an understanding of different perspectives, and an interest and responsible involvement in local and international events.

Cadets also visited the Humanitarian Exhibition at the National Library to learn about the International Red Cross and Red Crescent Movement, and the evolution of humanitarian aid and relief efforts locally and globally.



“Initially, I thought that Singapore Red Cross only helps when there are major disasters. Through this exhibition, I learnt about the various ways the Singapore Red Cross helps the community. I also learnt how I can give back to society as a Red Cross Youth cadet. I also learnt how the International Committee of the Red Cross (ICRC) extends aid to different countries in times of disasters or conflicts,”

Priyangka Rakappan, Cedar Girls' Secondary School

“I learnt that the Red Cross Movement has done so much humanitarian work for the past 150 years. I also learnt that the Singapore Red Cross provides many services like TransportAid, FoodAid, blood donor recruitment and first aid training,”

Christine Audrey A Bautista, Serangoon Secondary School



Nurturing young lifesavers on World First Aid Day

Photos by Chia Pak Yuen, Ong Huey Tyng, Erwin Rivera Villanueva, Volunteers and Mohammad Kamal, TransportAid

To celebrate World First Aid Day, the Singapore Red Cross (SRC) and 3M Nexcare™ launched an outreach programme for primary school children at Bedok Community Centre on 20 September, with the aim of nurturing young life savers and prepare school-going children to be one step ahead during times of emergencies.

Through an engaging first aid skit and hands-on activities, more than 180 primary and secondary school students from various schools learnt the importance of first aid, wound care and home safety at the fun-filled event.

Selected students from the audience also learnt how to apply a bandage properly and proper treatments for wounds. The skit *Bandage Brothers* is specially commissioned by the SRC with the belief that first aid should be accessible to all – especially the young.

“Learning first aid is the cornerstone of building an empowered, resilient community, whilst the act of giving first aid speaks of a matured society where people care for one another. To achieve the national goal of one first aider in every home, we need to start by inspiring the children and youth - our future pillars of society - to learn first aid and embrace first aid learning as a way of life.”

Mr Tee Tua Ba, SRC Chairman

After the launch of skit, Red Cross volunteers distributed 100 first aid kits to households with elderly in the vicinity. This is part of SRC's Community Led Action REsilience (C.L.A.R.E.) programme, which mobilises neighbourhood-based volunteers to provide first response, first aid, eldercare and befriending service to vulnerable groups in their community.

The first-of-its-kind outreach programme – which includes the skit and other interactive activities - will travel to primary schools across Singapore, starting with Fairfield Methodist Primary School from September 22. The target is to visit at least 12 schools per year, reaching out to 10,000 children in the first year. The school line-up after the initial launch includes River Valley Primary School, Corporation Primary School, and Concord Primary School.

“We are very pleased to launch this programme with our strategic partner 3M Nexcare™. Hopefully, through our collective effort, we can empower school-going children with first aid skills that can stand them in good stead to handle emergencies in life,” he added.

Ms Renee Chua, General Manager of 3M Consumer Business Group, said: “For more than 50 years, 3M has been a leader in innovative healthcare products. At 3M Nexcare™, we are all about developing quality first aid products for a family's skin healing needs which is why we are happy to continue our collaboration with the Singapore Red Cross through today's launch as it allows us to thank those who give of their time to administer first aid and also to encourage young students to get involved by learning how first aid can save lives. This is

also in line with our annual global initiative – Nexcare Give, where the theme this year is “Creating a Culture of Giving.”

This is the second collaboration between Singapore Red Cross and 3M Nexcare™. Last year, SRC and 3M jointly produced first aid booklets that included basic first aid tips and simple steps to common injuries.

Bandage Brothers is a 45-minute interactive skit, that explains the importance of a first aid kit, debunks myths of do's and don'ts with regard to caring for common injuries, and provides advice on home safety, all through humour and engaging activities. All participants of the programme will be presented with an activity booklet and a special SG\$50 pack of Nexcare bandages.

This is available free-of-charge to all primary schools with Red Cross Youth units! If you are interested to bring this outreach programme to your school, please register your interest with vincent.toh@redcross.sg.

The Singapore Red Cross Academy offers comprehensive workshops for those keen to learn more! Enquire with academy@redcross.sg for the Young First Aid (for children aged between five to seven years old) or Junior First Aid (for kids aged eight to 11 years old).



Heartfelt Giving

By Selene Ong
Photos from Michelle Neo

Recently, the Red Cross Home for the Disabled (RCHD) received a generous \$50,000 donation from its long-time volunteer, Ms Michelle Neo. Our fundraising manager, Ms Selene Ong speaks with her.

Why did you decide to support RCHD?

I am lucky enough to be born healthy. As I grew up, I did not suffer any serious illness or ailment. The residents are less fortunate than I am; they did nothing to be this way. My heart just aches each time I visit them.

How did you find out about RCHD?

I am a lawyer by training. To spend more time with my daughter who was one then (now 16), I taught at Temasek Polytechnic - Diploma in Law & Management. A faculty of 16 lawyers, we were looking for a charity to support. I googled and found RCHD. I have always believed in the great work of the Red Cross, so selecting RCHD was a natural decision.

My colleagues and I had such an insightful visit at Elizabeth Drive. It was life-changing for me. I brought my four year-old daughter and husband on the next visit, and the rest was history.

Could you share with us the volunteering experience at RCHD?

The residents taught me so much by just being who they are. Pauline, Bee Lian and Agnes – they are never never unhappy. Pauline giggles and when she does, I too laugh with her. Bee Lian – I can imagine that if she were mobile, she would be

the sort to take on extreme sports! She has such energy, all the time. Agnes is wonderful – she loves Korean drama, food, definitely sambal chilli and KFC. If she could, I believe Agnes would be a foodie who travels the world. All three love ice cream!

If they who have so little could be so happy, why should anyone of us have any reason to be unhappy? I encourage Bee Lian to call me to remind me to visit them! And Bee Lian does that. Each time she has someone sms me, I will smile as I read her message.

How would you encourage others to donate generously to SRC?

I once heard someone say this “do it with a happy heart”. Charity must come from the heart. It should make us happy to give; if not, don’t do it.

To be honest, I visit RCHD for a selfish reason – seeing Pauline, Bee Lian and Agnes makes ME happy.

SRC is doing an excellent job with RCHD. In all my visits, the residents are kept clean and safe. The workers are patient and gentle. The most commendable point about RCHD is this RCHD welcomes anyone with the heart. A visitor can come with a bag of fruits and he is welcome.

I visit RCHD every two months or so, with husband and daughter. We all make time. It’s a great thing – everyone is happier after we meet.



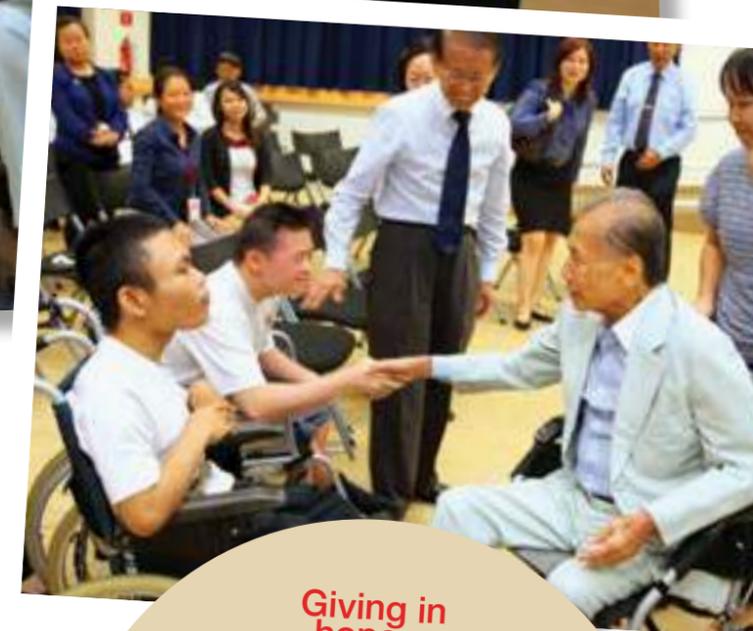
“In loving memory of my wife”

The distinguished Dato Pang L S donated S\$100,000 to the Singapore Red Cross (SRC) for its local humanitarian services, in memory of his beloved wife Datin Amy Tan Bee Luan.

The generous contribution goes a long way to improve lives of those in our care; such as beneficiaries of TransportAid, FoodAid, Community Led Action for REsilience and Red Cross Home for the Disabled.

Dato Pang and his family visited the Red Cross Home for the Disabled on 17 August to present the donation. Mr Benjamin William, SRC Secretary General/CEO, hosted them to a tour of the Home where our residents presented Dato Pang with a handmade token of appreciation.

We hope that Dato Pang’s support for our lifesaving mission will pave the way and inspire more individuals to make meaningful contributions to the vulnerable in our community, through the Singapore Red Cross.



Giving in honour

Giving in honour of a loved one is a meaningful way to extend his/her hope and beliefs beyond the lifetime. It is a beautiful and lasting memorial to each individual whose generosity helped to ensure the longevity and continuity of care for people who require long-term aid.

If you would like more information about giving in honour of a friend or family member, please contact us at 6664 0500 or email us at fundraising@redcross.sg.



Singapore Red Cross Awards 2015

Photos by Wong Leong Jeam

Veterans, professionals and youth volunteers were among the top winners at the third Singapore Red Cross (SRC) Awards 2015, held at the Red Cross Home for the Disabled on 6 October. SRC's Patron, President Tony Tan Keng Yam, and our Chairman, Mr Tee Tua Ba, presented the awards honouring 25 individuals and six organisations for their significant contributions to help the most vulnerable in the community.

Several of this year's winners are working professionals; well established in their careers and equally committed to skills-based volunteerism. Their efforts led to SRC's achievements of significant milestones, such as the appointment as National Blood Donor Recruiter in 2001 and conferment of the Charity Governance Award in 2013.

"We have a handful of veterans who volunteer behind the scenes, advising and guiding us constructively with their vast knowledge and experience of their respective fields, be it finance or communications. Their insightful feedback and perceptive guidance played an instrumental role in consolidating our position as a leading and trusted charity which has served the most vulnerable for 66 years," Mr Tee Tua Ba, SRC Chairman.

Three outstanding youth, Han Wan Chee, Joey Lee Jia Yi and Aluquin Dominique Anne Surato, all 16, received the SRC President's Youth Award. They were selected from over 800 graduating Red Cross Youth cadets based on wide-ranging criteria that included leadership qualities, global perspectives, excellence in academics and service to RCY.

The 14 recipients of SRC Commendation Award made impactful contributions in fundraising, caring for disabled residents, disaster response and blood donation.

The annual Singapore Red Cross Awards recognises the contributions of volunteers and partners who have given selflessly of their time, expertise and resources to further SRC's mission. Four SRC Distinguished Service Awards, four SRC Outstanding Service Awards, three SRC President Youth's Awards, 14 SRC Commendation Awards, and six Friends of SRC Awards were given out at the Awards Ceremony.

"My warmest congratulations to the award recipients. They are role models of how we can all play a part in building and shaping a caring and inclusive society by giving their time, skills and efforts to social causes. Well done!"

President Tony Tan

President's first visit to Red Cross Home for the Disabled

After the Awards Ceremony, President Tony Tan met and interacted with residents of the Red Cross Home for the Disabled (RCHD) and its Day Activity Centre (DAC).



Award Recipients

Singapore Red Cross Distinguished Service Award

Recipients: Mr Jagan Chapagain
Mr Jeremy England
Mr Chris Liew
Ms Rose Tan

Singapore Red Cross Outstanding Service Award

Recipients: Mr Charles Ng
Dr David Roy Paul
Dr Clarence Tan
Dr Diana Teo

Friend of Singapore Red Cross Award

Recipients: Changi Airport Group
DBS Bank
Every Nation Church Singapore
Love@Pal
Patrick D Harrigan Foundation
SMRT Corporation Ltd

Singapore Red Cross Commendation Award

Recipients: Ms Joyce Arul
Mr Nicholas Boon
Ms Caryn Cheng
Ms Nica Foo
Ms Goh Min Hui
Ms Shirley Goh
Ms Susan Goh
Mr Bethlehem Holaysan
Ms Jenny Hu
Ms Navaratnarajah Alice Pavalaratna
Ms Terene Seow
Mrs Lotus Soh
Mr Suhaimi Bin Sudar
Ms Ebenazer K William

Singapore Red Cross President's Youth Award

Recipients: Senior Warrant Officer Han Wan Chee
Senior Warrant Officer Joey Lee Jia Yi
Senior Warrant Officer Aluquin
Dominique Anne Suratos

People who have made a difference

Photos by Wong Leong Jeam

We share the contributions of some of our award recipients in this feature.

Distinguished Service Award



Mr Chris Liew has served with distinction at SRC for over 20 years in different financial capacities and was a Council Member till June 2015.



Ms Rose Tan is a public relations guru who has provided counsel to SRC in brand and communications for almost a decade.

“They are prime examples of ‘professional’ (or skills based) volunteers who give freely of their time and expertise - in management, in mentorship, in networking, especially in the fields they are proficient in.”

SRC Chairman, Mr Tee Tua Ba

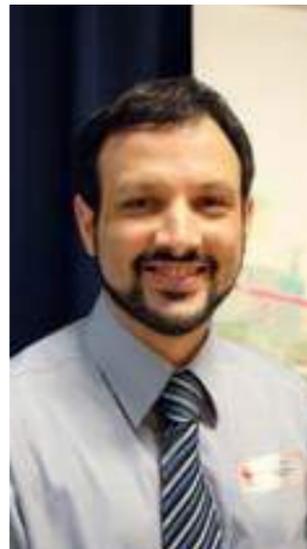
Outstanding Service Award



“I’m very happy to receive this award. The work of the Red Cross Home for the Disabled (RCHD) is important. Volunteering at the Home is a way to help the community and give back.”

Dr David Roy Paul served in the SRC Council from 1970s to 1990s and a member of Red Cross Home for the Disabled Management Committee till 2015. He remains as an esteemed advisor of the Committee.

Friend of SRC Award



“We were just amazed to see the way they’re serving, the way they’re helping... People really need a lot of help and Red Cross is just pouring out their heart, their soul, their resources, their time and energy. That’s something we want to be a part of and it’s inspiring for us to be a small part of what they’re doing.”

Pastor Joshua Harris, Every Nation Church. Volunteers have been organising events for residents and staff of RCHD on a bi-monthly basis.

Commendation Award



“I find great satisfaction in helping those less fortunate. I hope my achievement will encourage more people to donate blood and volunteer with the Red Cross.”

Mr Suhaimi Bin Sudar is an active member of Youth Donor Club (YDC) who serves as a blood donor, donor recruiter and bloodmobile organiser. He represented Singapore Red Cross in a forum in Kenya where he presented recruitment techniques adopted by Blood Donor Recruitment Programme.



“I’m very happy to receive this award and I hope that it will motivate me to do more work with Singapore Red Cross.”

Mr Nicholas Boon is a Volunteer Instructor, who is a long-time youth member of Red Cross Youth (RCY). He was the first RCY volunteer to be involved in an overseas deployment, in particular, Typhoon Haiyan in 2013.



“I’m deeply humbled and honoured to be nominated for the commendation award this year. Starting to volunteer hosting for SRC at 17 years old, I did what I thought I could do best: To entertain the crowd. For me, giving back is never about being recognised for my efforts. But it’s about spreading the love and acknowledging the efforts and celebrating the love of your Red Cross heroes.”

Ms Caryn Cheng is a volunteer emcee with the Blood Donor Recruitment Programme since 2008, who hosted the World Blood Donor Day since 2012. She is also a passionate advocate of blood donation.

President’s Youth Award



“We wanted to get this President’s Youth Award very much. If I get it, it’s not for me but for the Red Cross Youth unit of Raffles Girls’ School. It attests that the unit inculcates the right values in our youth, that it provides real life experiences that shapes the character of youth. I hope this award will spur my juniors to embark on a journey of self improvement and self discovery.”

Joey Lee Jia Yi is passionate about the holistic development of youth. She created a mentorship system in Raffles Girls’ Red Cross Youth unit and has a personal interest in International Humanitarian Law.

Home is where the heart is

By Jessica Ong and Sondra Foo
Photos by Quek Seow Boon

At first glance, Sim Jia Wei looks no different from other boys his age. On closer scrutiny however, he suffers from global developmental delay and autism.

Jia Wei was first taken care of by his mother. After his parents' divorce in 2005, his mother returned to Malaysia. There had been no contact with his mother after that.

In 2005, Jia Wei was enrolled in the Towner Gardens School, one of the schools of the Movement for the Intellectually Disabled of Singapore. His teacher described him as having a good level of understanding. He responds through gesturing though he could be aggressive at times.

His father passed away in 2009 due to lung cancer. Since then, Jia Wei's paternal grandparents, Mdm Tan Yah Ho, 75, and her husband, Mr Sim Tiang Huat, 80, took on the parenting role in caring for Jia Wei.

Unfortunately, after an accidental medication overdose prescribed for behavioural management in 2012, Jia Wei suffered significant functional decline and could not continue with schooling.

In 2012, KK Hospital recommended that Jia Wei can be placed at the Red Cross Home for the Disabled (RCHD) for better care and support. Mdm Tan and her husband subsequently enrolled Jia Wei at RCHD on 17 May 2012 when he was 12 years old.

Over the past three years, Jia Wei has been cared for by the team of dedicated nursing professionals, therapy and healthcare aides, physiotherapists as well as occupational and speech therapists. At RCHD, Jia Wei, engages in activities designed to enhance his physical, creative and social well-being, just like the other residents of our Home.

Today, 15 year old Jia Wei is a cheerful, responsive and occasionally mischievous boy who receives regular visits from his grandparents. Mr Sim takes 1.5 hours to get to RCHD from his home at Bedok. Yet despite his age, he visits Jia Wei at the Red Cross Home for the Disabled almost daily. Mdm Tan visits Jia Wei once a week. Such is their unconditional love for their grandson, Jia Wei.

Mdm Tan is very contented with the quality care provided for Jia Wei at RCHD. "The staff at RCHD takes very good care of him. It is also very clean and hygienic. Though some people asked if we wanted to transfer him to a home, we decided against it because we are very happy with the way Jia Wei is cared for at RCHD," said Mdm Tan.



Sim Jia Wei, 15,
resident of the Red Cross
Home for the Disabled

Make a sustained Difference with regular Contributions

Your donation can change lives. Make a difference today.

Simply fill up the form below and post it to us at
15 Penang Lane, Red Cross House, Singapore 238486.



EVERY MONTH, groups of underprivileged families and aged grandparents welcome Red Cross volunteers at their doorsteps, happy to receive nutritious food and warm company.



EVERY DAY, a wheelchair-bound patient is looking forward to the Red Cross TransportAid ride to his or her medical appointment.



EVERY HOUR, someone receives blood that the Red Cross rallies the community to donate.



EVERY MINUTE, some 100 disabled adults and children are receiving professional care at the Red Cross Home for the Disabled.



EVERY SECOND, a first aider is out there saving lives in an emergency. And chances are, they were trained by the Red Cross.

Yes! I want to make a difference! 我愿意伸出援助之手!

Please accept my gift of 请接受我以:

- S\$30 S\$50 S\$100 S\$500 S\$1,000
- Other Amount 其它款额 _____

A one-time donation 一次款额 (cheque/credit card*)

Monthly donations via Credit Card/GIRO*
每月定期捐款 (通过信用卡/财路)

*Please delete where applicable.

I would like to 我愿意:

- Be a volunteer/member 提供我的义务服务
- Please send me a Volunteer/member Application Form 请将表格给我

Name (as per NRIC) 姓名 依据身份证
Dr/Mr/Mrs/Ms or Company Name 博士/先生/小姐/公司名称

NRIC/FIN/UEN 居民证号码/公司注册号码

Address 地址

Office No. 办公室电话

Home No. 住家电话

Handphone No. 手机号码

Email 电邮

Occupation 职业

Company/Organisation/School Name 公司/机构/学校

Credit Card Donation

Credit Card Number 行用卡号码

_____ - _____ - _____ - _____

Name of Bank _____ CVV _____

Visa/Master

Expiry Date 失效期 _____ Signature 签名 _____

Cheque Donation

Bank/ Cheque No. 银行/支票号码

(Please make the cheque payable to 请将支票付至: Singapore Red Cross Society)

Application Form for Interbank GIRO

Part 1: For applicant's completion

Date _____ Name of Billing Organisation: _____
D D M M Y Y Singapore Red Cross Society

To: Name of Bank _____ Billing Organisation's Customer's Name: _____

Branch: _____ Billing Organisation's Customer's Reference No. S R C S

(a) I/We hereby instruct you to process the BO's instructions to debit my/our account.
(b) You are entitled to reject the BO's debit instruction if my/our account does not have sufficient funds and charge me/us a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charges accordingly.
(c) This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my/our written revocation through the BO.

My/Our Name(s): _____ My/Our Contact (Tel/Fax) Number(s): _____

My/Our Account Number
Bank Branch Account No. To Be Debited

My/Our Company Stamp/Signature(s)/Thumbprint

** For thumbprints, please go to the branch with your identification
* Please delete where inapplicable

Part 2: For billing organisation's completion

Bank Branch Billing Organisation's Account No.
7 2 3 2 1 4 2 0 3 8 5 4 6 0 0 1

Bank Branch Account No. To Be Debited

Billing Organisation's Customer's Reference No.

S R C S

Part 3: For Bank's Completion

To: Billing Organisation

This application is hereby REJECTED (please tick) for the following reason(s):

- Signature/Thumbprint@ differs from bank's records **
- Signature/Thumbprint@ incomplete/unclear **
- Account operated by signature/thumbprint **
- Wrong account number
- Amendments not countersigned by customer
- Others:

Name of Approving Officer _____ Authorised Signature _____ Date _____

Note: Donations to the Singapore Red Cross are eligible for a 3x tax deduction. Donors do not need to claim for tax deductions as the donation details will be given to IRAS automatically. Donors' particulars will not be acknowledged in any corporate collaterals or publications unless otherwise requested or stated. Thank you for your support.
附注: 给予新加坡红十字会的捐款可获得所得税折扣。我们将会向税务局呈报所有捐款资料, 所以你不需忧将这捐款写在报税表格上。捐献者的个人资料不会在任何触爱出版的刊物出现, 除非事先议定。谢谢您的支持。

Please mail the completed form to Singapore Red Cross, 15 Penang Lane, Red Cross House, Singapore 238486

Wishes for the new year



Hope the new year brings with it all the promises and hope, joy to our heart, and warmth to our Home...Happy New Year!

Zakirah Binte Johari, Senior Administrative Assistant, Red Cross Home for the Disabled



I hope that more families will be able to benefit from the Meals with Love programme. At the same time, I hope more will volunteer in this programme, as it is a meaningful programme to interact with beneficiaries and finding out more about their needs.

Jeslynn Seow Jing Ting, Meals with Love (FoodAid) volunteer



Since I am new here, I hope in the coming new year, I can help to touch the lives of more disadvantaged and leave a good impact on others around me.

Alfie Redzwan Lange, TransportAid Responder



I'm hoping that my generation will grow to become a little less apathetic. Every one of us has an enormous potential to make a positive difference in the lives of the less fortunate. If not us, who? If not now, when? :)

Joyce Tan, Project Coordinator, Corporate Communications and Marketing



I wish for happiness and health to all in the Red Cross Home for the Disabled.

Saw Say Htee, Healthcare Aide, Red Cross Home for the Disabled



May the new year bring more happiness and blessings to our friends at Red Cross Home for the Disabled – the staff, the nurses and the residents. We also wish the Home continues to receive more support from the community.

Camilla Adindamaulani, The Body Shop (Corporate Volunteer, Red Cross Home for the Disabled) (leftmost in photo)



I wish all my residents and staff will be healthy and well with an abundance of happiness and joy.

Staff Nurse Lee Kwee Luang, Red Cross Home for the Disabled



It has been a great year with the First Aider on Wheels programme. We have grown stronger, we have also started first aid duty in Pulau Ubin. I believe 2016 will be a greater year yet... Standing in the gap, touching lives.

Peter Tung, First Aider On Wheels Coordinator



In the coming 2016, I wish for a more humanitarian world and in times of emergencies, many would come forth to render help and first aid =)

Michelle Seah, Senior Training Coordinator, Singapore Red Cross Academy



May the blood stocks stay high and ever in our favour.

Lim Zheng Wei, youth blood donor who has donated 30 times to date



I wish everybody a joyful and peaceful New Year.

K. Allagesan (Jesen) - Therapy Aide, Red Cross Home for the Disabled



01

For someone, your blood is the best holiday gift ever. Head down to the blood bank with your loved ones to give a gift of life!

10 ways to add meaning to the holidays

02

Here's a practical present. Gift a first aid kit at \$35 – you can choose one for the home, a handy bag for the car at \$20 or a pocket sized one for travel bugs at \$10!

03

Ask your Secret Santa to make regular donations to Red Cross in your name this Christmas, and triple the joy of giving!

04

Gift a less privileged family with FoodAid. A donation of \$250 can provide a family of 4 with a month's worth of nutritious food – and you'll enjoy 300 percent tax deduction on your donation.

05

Shop for Christmas presents at one of our two thrift shops! You can snag brand new apparel, accessories and household or electronic items at great prices!

06

The gift of a new skill is priceless. We offer a range of first aid classes to suit different needs. Sign a new mum for an infant/child first aid class, or a caregiver an eldercare class. A most thoughtful gesture!



07

The gift of shared experiences is priceless too! Go back to 'school' together! Get your friends at the Red Cross Academy to learn first aid together. Now that's a Christmas to remember!

08

Make volunteerism your new year resolution! The Red Cross has myriad opportunities for your diverse interests!

09

Celebratory Giving at its finest: Make a donation to our local humanitarian services in honour of your boss. Imagine his/her surprise when we send a Thank You!

10

Post-Christmas, re-gift to Shop@RedCross thrift shop! Let the gift raise money to fuel our cause.





FOR ADULTS



Fur Collar Coat - \$25



Leather Coat - \$80



Brand New Luggage - \$50

CHIC WINTER WEAR

From Shop@RedCross

By Chloe Tan and Joyce Tan, Corporate Communications and Marketing

Are you planning a family trip for the holiday season? Living in a sweltering tropical climate all year round, most of us would choose not to spend a fortune on clothes that we would only wear for a single trip or two. Thankfully, Shop @ Red Cross has the perfect solution for your inner fashionista!

Grab these amazing buys for the whole family before they're all snapped up!



Rough It Out Pullover - \$4



Blue Knit Patterned Sweater - \$5



Sweater + Hand Warmer - \$5



Calf Length Heeled Leather Boots - \$20



FOR THE LITTLE ONES



Snowflake Leather Boots - \$7



Kids Coat - \$15



Colorful Winter Socks - \$1



Chartreuse Sweater - \$5



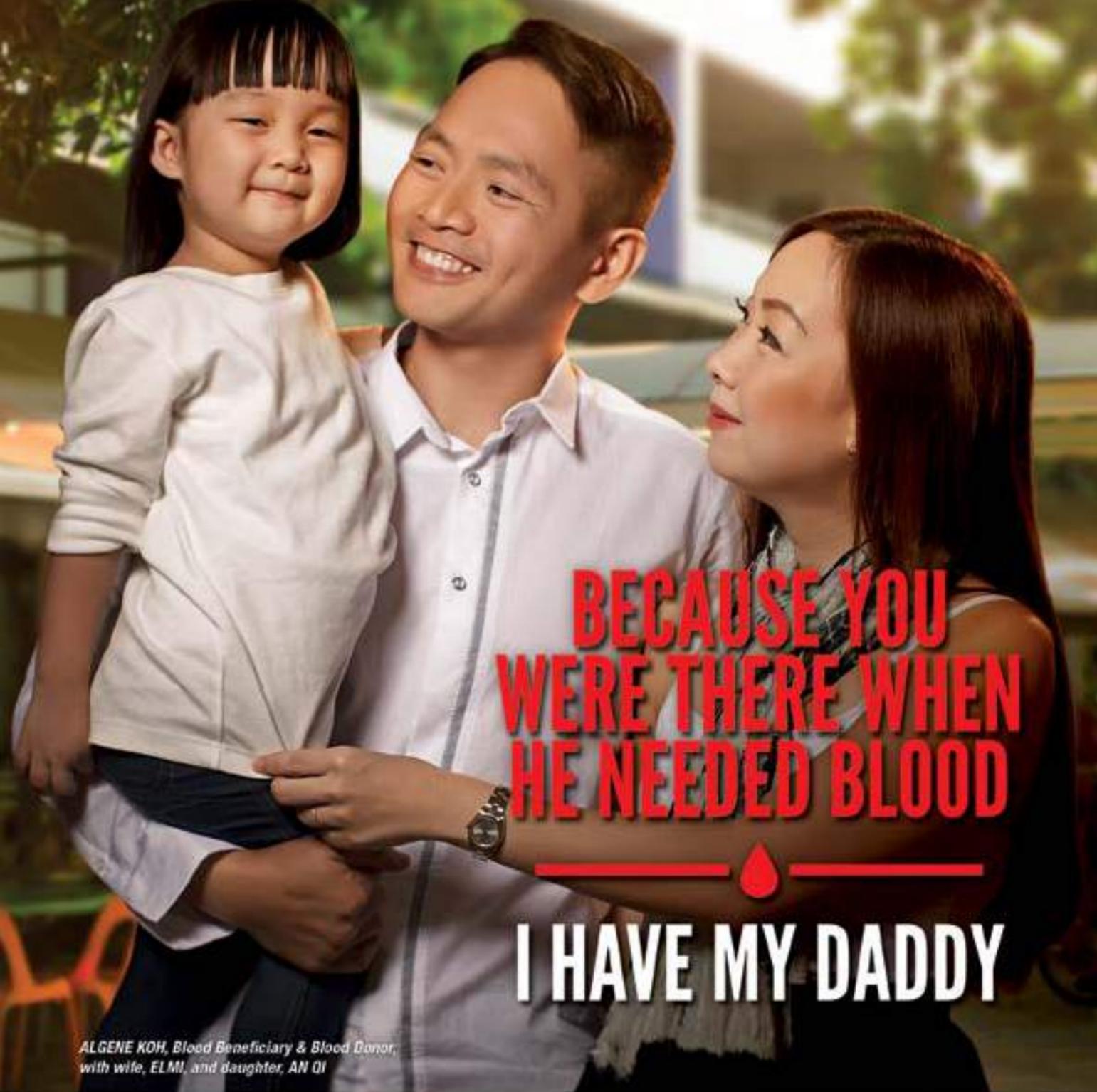
Reindeer Hearts Jacket - \$3



Grey Kids Faux Fur Coat - \$15

Shop@RedCross - Jalan Khairuddin
Address: 62 Jalan Khairuddin Singapore 457524
Open every Friday from 10.30am to 3.30pm

Shop@RedCross - Red Cross House
Address: 15 Penang Lane Singapore 238486
Open every Wednesday from 11am to 4pm



**BECAUSE YOU
WERE THERE WHEN
HE NEEDED BLOOD**

I HAVE MY DADDY

*ALGENE KOH, Blood Beneficiary & Blood Donor,
with wife, ELMI, and daughter, AN QI*

My daddy's alive today thanks to the donors who gave him blood. When Daddy was little, he got very sick and was rushed to the hospital so doctors could save him. Mummy told me the doctors couldn't have helped if they didn't have blood to give to Daddy. I asked her where they got the blood from and she said from healthy people who gave their blood to those who needed it. Thanks to the people who gave him blood, I have my Daddy.

Your blood can mean the difference between life and death.
Start saving lives! Donate at your nearest blood bank today.
giveblood.sg

 **Give Blood. Save Lives.**
SINGAPORE

Bringing love to Myanmar

By Chia Swee Kim, International Services
Photos by Chia Swee Kim and LeAnn Ng

In response to the floods that hit Myanmar in July 2015, Singapore Red Cross (SRC) deployed two teams to the badly-hit Minkin township in the Sagaing Region, Myanmar, to serve over 1,200 families across seven villages.

Together with partners on the ground, the first team distributed food such as beans, rice and cooking oil, as well as blankets to villagers, over four days from 29 August.

SRC also mobilised a second team, led by Dr Tan Hun Hoe, to provide basic medical care to villagers in Sagaing Region, Myanmar from 3 to 8 September to mitigate water-borne or vector-borne diseases. Comprising three doctors, four nurses and two staff, the team provided primary medical care in four Villages namely Ta Yar, Kyawe, Shar Daw and Au and saw a total of 685 patients in three days.

Dr Paul Ho, 60, a medical practitioner based in Clementi, jumped at the opportunity to go on the medical mission to Myanmar. "I always wanted to go on such missions. When Dr Tan Hun Hoe called me to ask if I wanted to be deployed to Myanmar, I agreed immediately. That was my first volunteering experience," he quipped.

Among the common cases Dr Ho treated were cough and colds. Others had high blood pressure, diabetes and some wound infections. He said it was surprising that there were not many skin infections, eczema and allergic reaction due to floods.

The strength and the resilience of the people in Myanmar struck him.



"They were living in difficult conditions. Yet, they took things as they came, without complaining. They walked miles and miles just to see the doctor when the consultation takes only a few minutes,"

Dr Paul Ho, medical team member

Dr Ho gained invaluable insights from the experience. "It was really humbling. I learnt to appreciate the simple things in life that we normally take for granted, like water. When we handed out gummy bear vitamins to the kids, they were so happy. They were literally smiling from ear to ear. The children in Singapore may not take delight in such simple pleasures," he explained.

Like Dr Ho, Ms Azrina Binte Abbas, Senior Staff Nurse of Changi General Hospital, also agreed without hesitation when called upon to volunteer her service with the Singapore Red Cross as she looked forward to new experiences overseas.

Besides the team, volunteers from Myanmar also made a difference as they helped the team in various ways while they were in Myanmar.

Mr Soe Moe Kyaw, Director Sagaing Region, Myanmar, made arrangements for the accommodation, transportation and meals of the medical team. He also accompanied the team to all the locations during their deployment. "This is the first time I take the People of Singapore on board. I am very happy that we are able to help the people affected by floods in Sagaing," said Mr Soe.

Three liaison officers, Ms Kay Khaing Kyaw, 22, Ms Yu Wai Yan Thein Tan, 27 and Ms Soe Soe Tun, 23 played important roles as interpreters to the doctors and nurses.

What's in a mission backpack?

Mr Chew Lip Heng, Head Operations Control, International Services gives us an insight to what he packs when he travels on disaster missions.



Sarong - Unlimited possibilities, e.g. towel, bedsheet, blanket, "changing room" and of course, as sarong.

Toilet Roll - For those urgent moments.

Water Bottle - For the camel in you.

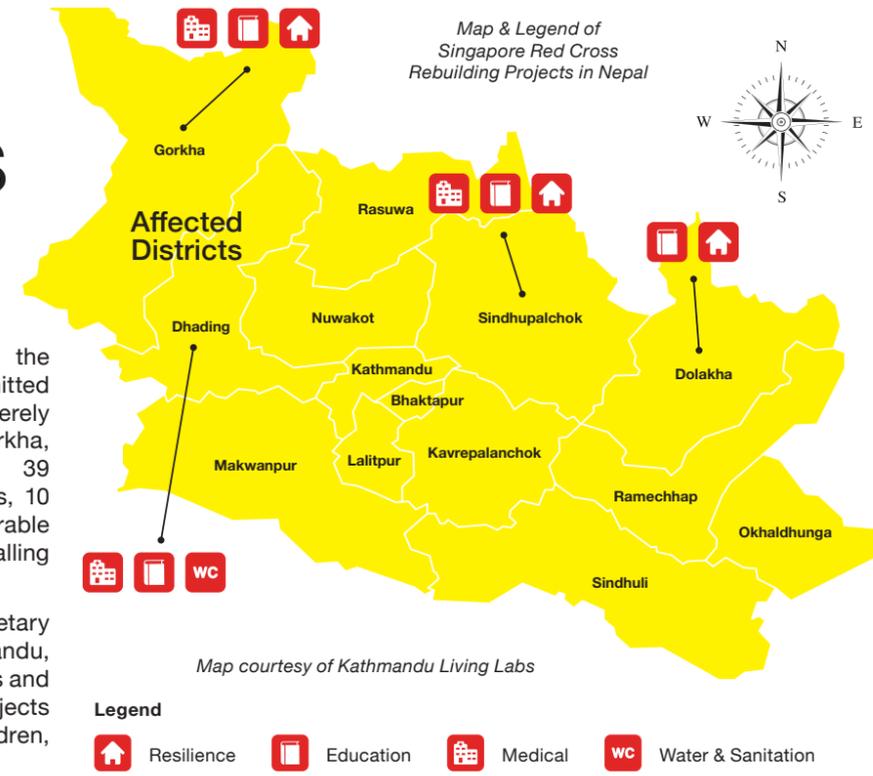
Snacks - Up to individual's taste and volume depends on operations and scenarios.

For more, see <https://www.pinterest.com/chewlh/real-stuff>

Rebuilding communities in Nepal

Five months after the Nepal earthquake, the Singapore Red Cross has identified and committed to rebuild 70 community facilities in the most severely affected districts of Dolakha, Dhading, Gorkha, Sindupalchowk and Khotang. These include 39 schools (for 8,000 students), 21 medical facilities, 10 community halls, a residential facility for vulnerable children and women, and water solutions, totalling S\$6.2 million.

A Singapore Red Cross team led by its Secretary General/CEO, Mr Benjamin William, was in Kathmandu, Nepal, from 14 to 16 September to work out details and finalise the arrangements for the rebuilding projects that will benefit vulnerable groups such as children, women and elderly.



"To ensure that these projects are completed efficiently and meet the local authority standards, we have also met with officials from the Education and Urban Development departments to understand their requirements for these community facilities. We have in turn emphasised to our partners the need to obtain all the needed approvals from the relevant local authorities, as well as to meet our own high standards of governance and financial management."

The Singapore Red Cross will continue to work with its partners to identify more projects to assist the affected communities in this recovery phase. The public appeal launched on 28 April collected over S\$11 million in donations, of which more than S\$600,000 was disbursed in the immediate relief phase for the distribution of relief items and emergency supplies, as well as the deployment of five medical teams and medical supplies.

"We have also worked with local partners to identify the most devastated and needy communities, some of which are in very remote locations. This will allow us to make a meaningful difference in the lives of many communities and families. Our emphasis on rebuilding schools is also part of our desire to invest in the future of these communities."

Mr Benjamin William,
SRC Secretary General & CEO

Why is learning first aid important?

We speak to Singapore Red Cross Academy's Principal Trainer Mr Steven De Souza on the importance of learning first aid.

Did you have any real-life experience where your first aid skills saved someone?

Last year, a young girl suddenly felt dizzy and fainted at my church. With another person's help, the girl was brought to a quiet place where I attended to her and assessed her condition. She fainted due to low sugar levels. I asked her if she had any other medical history. I elevated her legs to promote blood circulation and she recovered soon after. We gave her a sweet drink and she became much better. Later, a doctor concurred that she had fainted and what I did was correct.

A few years ago, I noticed that my friend, a fellow instructor, was breathless and perspiring at our office. I told him that he may be having a heart attack. Without any delay another colleague and I brought him to the nearest clinic just across Red Cross House. He collapsed upon reaching the clinic and the doctor attended to him quickly. We also called 995 and he was rushed to the hospital. He has since recovered.



Why is first aid important?

We cannot predict when an emergency may occur or when someone becomes sick suddenly. It would be quite heart-wrenching if that someone is a family member and you were not able to help because you do not have first aid knowledge.

What is the first thing you say to those who attend the first-aid class?

I would congratulate them as they are doing their family a huge favour by learning first aid skills. I would also encourage them to share what they learn with friends and colleagues.

How many classes do you have to attend to be first-aid certified?

It depends. If you are just learning for your personal reasons, then usually the three-day Standard First Aid course will do.

First Aid for	Course	Days / Hours
Medical Professionals	Basic Life Support Course (BCLS) focusing on infant, child and adult CPR	Eight Hours
Individuals	Standard First Aid	2 Days from 9am to 6pm
Employees	Occupational First Aid includes CPR & Automated External Defibrillator (AED)	3 Days from 9am to 6pm
Parents Domestic Helpers Caregivers	Child First Aid (infant and child first aid and CPR)	3 Days

What's your message for those without first-aid training?

Be prepared, learn first aid. It is like buying an insurance policy, just in case you need to use it. Your family will be the main beneficiaries.

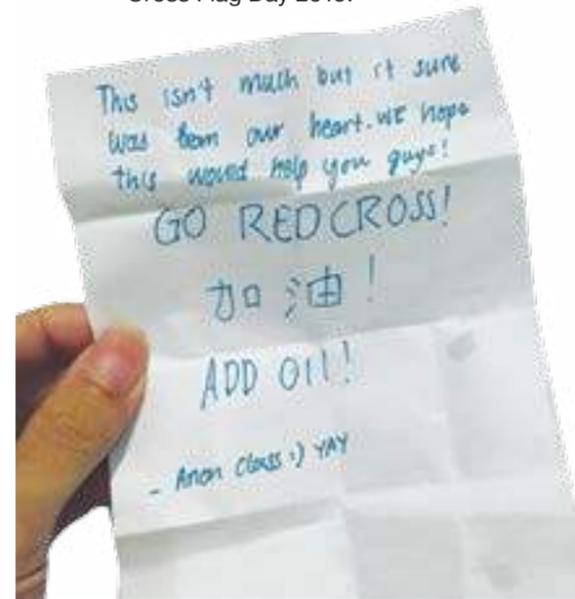
Can you share with us a crucial first-aid tip that not many are aware of?

In any medical emergency, you have to be very careful about their surroundings when giving first aid. For example, in a road traffic accident, the danger in helping casualties will be on-coming traffic. Therefore, you have to survey the scene for any potential danger that could be hazardous to the rescuer, the casualty and bystanders. The safety and well-being of the first aider is important as well.

To learn first aid, sign up at redcross.sg.

Bouquets

This inspiring note was dropped into a Red Cross tin during the Singapore Red Cross Flag Day 2015.



“At the end of the day, I am really very thankful for my experiences in First Aider on Wheels. The experiences made me grow as a person and sharpened my character. Throughout these three years, I have matured and become more tactful. Thank you Red Cross! And thank you, Peter Tung, for your involvement in my FAOW journey.”

Claire Wang, First Aider on Wheels, who is currently furthering her studies in the United Kingdom.



From: Shawn Soh
Subject: Compliment - Ms Cherrie Chong, Singapore Red Cross Academy

I wish to compliment your staff, Ms Cherrie Chong, Senior Training Coordinator of the Singapore Red Cross Academy.

Cherrie had provided exceptional service to facilitate my registration for my refresher for my Basic Cardiac Life Support which was held on 19 July 2015. She followed up with my registration promptly and efficiently. Her reassuring and decisive arrangement had made my training with Singapore Red Cross to be a pleasant and comforting.

The need to offer this compliment is to recognise the great work and hopefully, it will also encourage more service staff to maintain this high standard of service quality to ensure that their customers have a "wow" experience.

My training with Singapore Red Cross had been a "wow" experience. The trainers were also professional and skilled with their training.

Once again, great work with Singapore Red Cross's exceptional service and training standards. Keep it up!

Shawn Soh,
First Aider Trainee

Congratulations

We congratulate our Chairman Mr Tee Tua Ba, and former Chairman Lieutenant-General Winston Choo (Retd) for being conferred the Distinguished Service Order 2015 at the National Day Awards 2015.



Save the Date

Singapore Red Cross Charity Golf 2015

Join us at our Charity Golf to raise funds for the Red Cross Home for the Disabled, TransportAid, FoodAid and Community Led Action for REsilience (C.L.A.R.E.).

Date: 1 December 2015, Tuesday (Afternoon Shotgun Tee Off)

Venue: Singapore Island Country Club (Island Course)

To register and to find out more, please email

fundraising@redcross.sg.

International Volunteer Day

As we mark the International Volunteer Day in December, we celebrate volunteerism in all its facets and pay special tribute to our volunteers who make a difference with their contribution both locally and regionally. At the event, learn the importance of resilience in times of emergencies.

Date: 19 December (Saturday)

Time: 12.30pm – 5pm

Venue: Red Cross House, 15 Penang Lane, Singapore 238486

Peer to Peer (P2P) Red Cross Youth Symposium 2015

Register for the youth symposium to learn the best practices in volunteering and find out about the experiences of other youth! Glean insights into the causes that lead to sustainable action and be empowered to inspire the positive transformation of mindsets, attitudes and behaviours within yourself and your community! This event is open to the public.

Date: 18 to 20 December 2015

Time: 10am - 5pm

Proposed Venue: Nanyang Technological University, Lecture Theatre 9 (LT9)

Overseas Humanitarian Programme (OHP)

Participate in exciting team bonding activities at our Youth camp and engage in School Promoting Learning About Safety and Hygiene (SPLASH) in Batam! This event is exclusive to Red Cross Youth (RCY) Cadets, Volunteer Instructors and Chapter Members.

Date: 20 to 24 December 2015

Join the OHP and be part of the SPLASH programme in Aceh! This event is open to members of RCY - NTU Chapter and RCY - NUS Chapter.

Date: 21 December 2015 to 2 January 2016

Red Cross Flag Day 2016

Fundraise with us at our Flag Day 2016 and make it a meaningful Sunday for all!

Date: 6 March 2016, Sunday

Photo Exhibition commemorating 5th Anniversary of Great East Japan Earthquake & Tsunami

Join us at the photo exhibition to see how your contributions have helped survivors rebuild their lives. Look out too for a series of seven video documentaries produced by Republic Polytechnic students.

Date: 2 March to 6 March 2016

Venue: Ion Orchard, Basement 4

Need help or know of someone who does? Get in touch at the locations below or call 6664 0500.

RED CROSS HOME FOR THE DISABLED

8 Lengkok Bahru,
Family Link @ Lengkok Bahru,
#04-01 Singapore 159052

SHOP@REDCROSS THRIFT SHOPS

SHOP@RED CROSS
Red Cross Training Campsite
62 Jalan Khairuddin,
Singapore 457524

SHOP@RED CROSS
Red Cross House
15 Penang Lane,
Singapore 238486

BLOOD COLLECTION CENTRES

BLOODBANK@HSA
Health Sciences Authority
(opposite Outram Park MRT, Exit A and F)
11 Outram Road, Singapore 169078

BLOODBANK@DHOBY GHAUT
Dhoby Xchange
11 Orchard Road, #B1-05 to 09,
Singapore 238826

BLOODBANK@WOODLANDS
Woodlands Civic Centre
(opposite Causeway Point)
900 South Woodlands Drive, #05-07,
Singapore 730900

BLOODBANK@WESTGATE TOWER
Westgate Tower
1 Gateway Drive, #10-01 to 05,
Singapore 608531

**SINGAPORE RED CROSS ACADEMY
@ RED CROSS HOUSE**
15 Penang Lane, Level 3 (near Park Mall /
Dhoby Ghaut MRT, Exit B)
Singapore 238486

**SINGAPORE RED CROSS ACADEMY
@ ATRIUM**
International Involvement Hub (I2Hub)
60A Orchard Road, Level 4M Tower 1
#04-02 (near Plaza Singapura,
Dhoby Ghaut MRT, Exit F)
Singapore 238890

Red Cross House
15 Penang Lane
Red Cross House
Singapore 238486
Tel: 6664 0500
Fax: 6337 4360
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www.redcross.sg

