

## CPR + AED AWARENESS WORKSHOP OUTLINE

<b>Methodology</b>	<ul style="list-style-type: none"> <li>• Lecture</li> <li>• Mirrored Demonstration</li> <li>• Drill and Practice</li> <li>• Discussion</li> </ul>
<b>Course Modules</b>	<ul style="list-style-type: none"> <li>• Module 1: Introduction of CPR + AED Awareness Workshop (CAAW)</li> <li>• Module 2: Supervised Practice of Adult 1-man CPR+ AED (Hands-only Compression)</li> </ul> <p>*Includes: Questions and Answers</p>
<b>Cost</b>	<ul style="list-style-type: none"> <li>• Complimentary</li> <li>• Inclusive of Complimentary CPR Pocket Face-shield Key Chain</li> <li>• Sponsored by Temasek Foundation Cares</li> </ul>
<b>Duration</b>	<ul style="list-style-type: none"> <li>• 2 hours</li> </ul>
<b>Accreditation</b>	<ul style="list-style-type: none"> <li>• Accredited by the Singapore Red Cross Academy</li> </ul>
<b>Certification (2 years)</b>	<ul style="list-style-type: none"> <li>• A Certificate of Participation is chargeable at \$0.50 per printed certificate</li> </ul>
<b>Language</b>	English
<b>Learning Opportunities</b>	<p>At the end of the course, learners should be able to:</p> <ul style="list-style-type: none"> <li>• Explain the duties and responsibilities of CPR+AED Provider</li> <li>• Perform Cardiopulmonary Resuscitation (CPR) effectively on adult unconscious casualties</li> <li>• Perform the use of an Automated External Defibrillator (AED) effectively on adult unconscious casualties</li> <li>• Manage a medical emergency</li> </ul>