

# STANDARD FIRST AID



## FULL / REFRESHER COURSE OUTLINE



### LEARNING OBJECTIVES

At the end of the course, learners should be able to:

- Explain the duties and responsibilities of first aider
- Check and pack contents of first aid box
- Administer first aid to casualties involved in an accident
- Manage a medical emergency
- Identify common injuries requiring first aid treatment



### ACCREDITATION

Accredited by the Singapore Resuscitation and First Aid Council (SRFAC) recognized by the National Registry of Coaches (Sports SG)



### CERTIFICATION (2 YEARS)

A credit card-sized certificate with 2 years validity will be issued upon successful completion of the course stating:

- SFA provider
- CPR (Hands Only) + AED Provider



### LANGUAGE

English, Mandarin



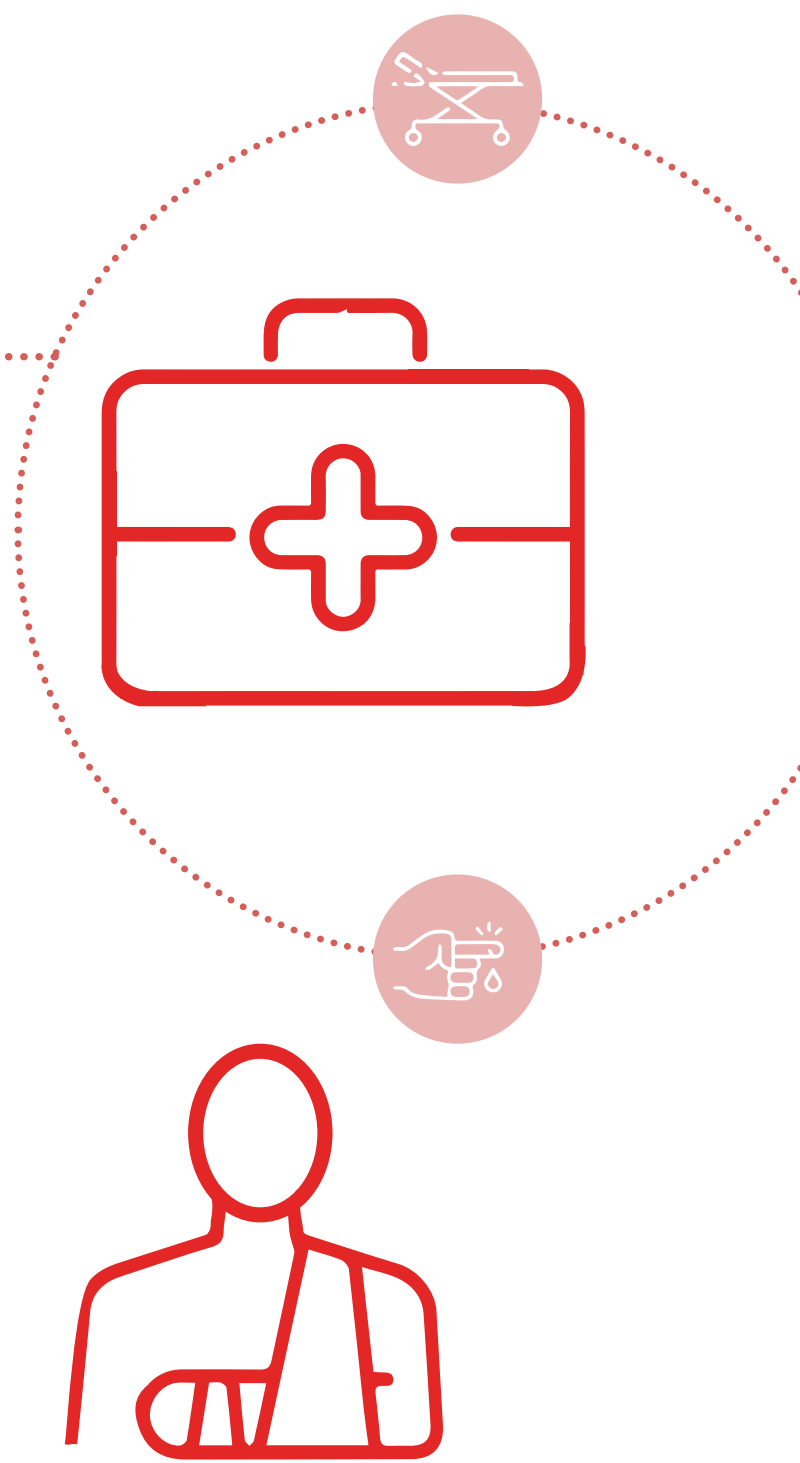
### DURATION

16 hours / 12 hours



### COURSE FEE

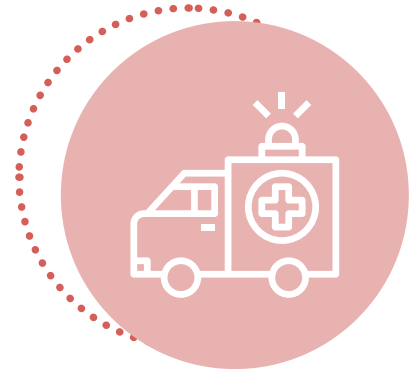
\$185.00 / \$160.00 (before GST)





## COURSE MODULES

- Module 1: Essentials of first aid
- Module 2: Unconscious casualty  
(Non-Cardiac Arrest)
- Module 3: Respiratory problems
- Module 4: Shock, bleeding and wounds
- Module 5: Musculoskeletal injuries
- Module 6: Burn injuries
- Module 7: Other first aid knowledge
- Module 8: CPR (Hands-Only) + AED



## METHODOLOGY

- Lecture
- Skills practice
- Small group practice



## THINGS TO KNOW



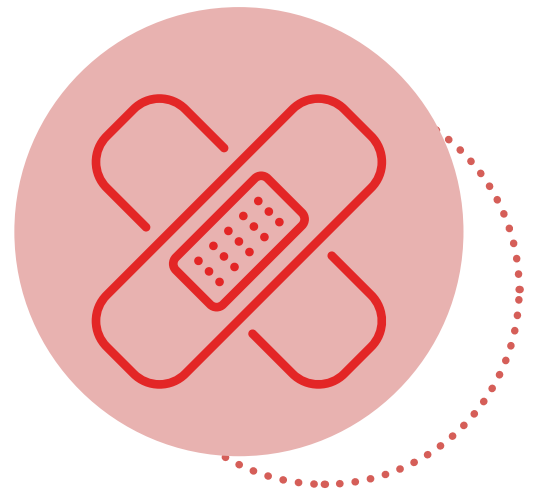
### ASSESSMENT

- Learners would need to fulfil 100% course attendance in order to be eligible for assessments
- Written assessment
- Practical assessment



### FUNDING

- Eligible for SSG Funding and Skills Future Credit



## HOW TO REGISTER

- [Register here](#) for SFA | [Register here](#) for Refresher
- Contact us at [academy@redcross.sg](mailto:academy@redcross.sg)
- [redcross.sg/learnfirstaid](https://redcross.sg/learnfirstaid)

